AMENDMENTS TO THE CLAIMS

Please cancel claims 1-8 and 15-24, and amend claim 9 as indicated among the following complete set of pending claims:

Claims 1-8. (Canceled)

Claim 9. (Currently amended) A massage tool comprising:

a handle;

a head supported on the handle;

a socket comprising an interior surface in the head; and

a retaining mechanism comprising:

an annular or penannular groove in the interior surface; and

an annular or penannular resilient snap ring supported in the groove in a relaxed state;

[[The massage tool of claim 8,]] wherein:

the head comprises a back side and a front side:

the interior surface comprises a portion that forms a first opening that opens outwardly

through the front side in a direction opposite to the back side; and

the massage tool further comprising a friction reducing pad connected to the backside on the interior surface.

interior surface.

Claim 10. (Original) The massage tool of claim 9, wherein the friction reducing pad comprises an

o-ring.

Claim 11. (Original) The massage tool of claim 9, wherein the friction reducing pad comprises a

sleeve.

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Claim 12. (Original) The massage tool of claim 9, wherein the backside has a wall forming a second opening extending from the interior surface to an exterior surface of the head.

Claim 13. (Original) The massage tool of claim 12, wherein:

the second opening is smaller than the first opening; and

the second opening is sized and configured to permit insertion of a human finger.

Claim 14. (Original) The massage tool of claim 12, further comprising a push button slidably supported in the second opening and spanning the second opening between the interior surface and the exterior surface.

Claim 15-24. (Canceled)